## MEDIA RELEASE

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## GIRL GUIDES AUSTRALIA TASMANIA

## Celebrating the volunteers guiding young women

Girl Guides Australia is among organisations celebrating National Volunteer Week from May 20-26, acknowledging the thousands of hours - worth millions of dollars - that volunteers contribute to the charity every year.

Building on more than 100 years of being a part of local communities across the country, and with a 16,000-strong membership, Girl Guides continues to be the largest girl voice charity in Australia.

Girl Guides Tasmania CEO Katrina Spark said the group continued to offer a space where girls felt safe, included and could be themselves.

"Volunteers play an integral role in delivering the Girl Guides program, supporting our youth members to achieve life skills as they strive towards resilience and self-development," she said.

"Each year volunteers contribute across a broad range of areas, from outdoor and adventure activities to administration, special events, learning and development, fundraising, marketing and, equipment and facilities maintenance.

"Girl Guide organisations across Australia acknowledge the significant role culture plays in keeping children and young people safe and Guiding worldwide focuses on giving girls and young women a voice and an opportunity to build lifelong friendships and networks."

Katrina said the Australian Guide Program placed a high priority on girl ownership and decision making; youth members have the responsibility to discover, decide, plan, participate in and evaluate their own activities and goals.

"These core elements encourage those in Guiding to speak up for themselves and others - an essential part of creating a child-safe culture," she said.

"But volunteering has also been shown to have a very positive impact on those who contribute their time.

"The Girl Guides Social Impact Report revealed that our volunteers felt more confident, and they feel more connected to purpose, through goal setting and connection to something bigger than themselves".

Members of Girl Guides Australia have participated in a number of global initiatives including: 16 Days of Activism Against Gender-Based Violence, Free Being Me, Stop The Violence, Tide Turners, Surf Smart, Girl Powered Nutrition, UNICEF Climate Change Partnership and International Day of the Girl.

More female adult volunteers are encouraged to support the organisation as there are now waiting lists in many regions for girls who wish to start their leadership journey.

Find out More:

As a Volunteer - Girl Guides Australia